



Diabetes: Teens Fight Back

Run Time: 10 Min. GR 9-12
Subject: Social Studies

Channel One Network*

Description: An obesity epidemic has swept America—leading to an alarming rise in diabetes cases. This video looks at the disturbing trend and illustrates how diabetic teenagers can lead rewarding lives instead of becoming passive victims. Interviewing two young men and following them through their daily routines, the program reveals the benefits of staying positive and active. Will—a high school student with Type 1 diabetes—maintains a rigorous injection and glucose-monitoring schedule while excelling at soccer and remaining focused on school and his social life. Justin, age 12 with Type 2 diabetes, talks about his struggle with weight control and his triumphant loss of 18 pounds.

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Nutrition for Active Fitness

Run Time: 17 Min. GR 9-12
Subject: Social Studies

Channel One Network*

Description: Fad diets and “miracle” products are not the keys to attaining long-term physical health. This program uses the success stories of people who have made fitness a lifelong goal to illustrate the benefits of living a healthful life that includes smart food choices and regular exercise. By eating well and staying active, students can attain optimum performance both athletically and academically. A Meridian Production.

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The Supreme Court: One Nation Under Law

Run Time: 60 Min. GR 7-12
Subject: Social Studies

Channel One Network*

Description: This program examines the creation of the court and follows it through the brink of the Civil War, paying particular attention to the fourth chief justice of the Supreme Court - John Marshall - and to his successor, Roger Taney. Marshall presided over one of the most famous cases before the court while Taney presided over one of the most infamous. In Marbury v. Madison (1803), Marshall found in an obscure case involving an unsigned judicial appointment the opportunity to assert the court's most important power: the right of judicial review. In Dred Scott v. Sandford (1857), however, Taney, the next chief justice, exercised that same power against the national government - to protect slavery. "It was a disaster," says James Simon, law professor, dean emeritus, New York Law School. "It was the worst opinion ever written in the history of the Supreme Court of the United States."

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The Supreme Court: A New Kind of Justice

Run Time: 60 Min. GR 7-12
Subject: Social Studies

Channel One Network*

Description: A New Kind of Justice explores the issues before the court from the aftermath of the Civil War through to the 1930s. This was a period of unprecedented economic growth as the nation industrialized but was also a time of unregulated work conditions - the court found itself squarely in the middle of what was almost class warfare. As corporations became more powerful they found an unlikely ally in the Supreme Court. While the 14th Amendment was passed to make certain that the states were obligated to recognize the rights of the newly freed slaves, the court would for almost 100 years use the amendment to protect not blacks but big business, recognizing corporations as "persons" and awarding them sweeping legal protection.

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The Supreme Court: A Nation of Liberties

Run Time: 60 Min. GR 7-12
Subject: Social Studies

Channel One Network*

Description: A nation of Liberties focuses on the court's reaction to state and federal legislation on Bill of Rights freedoms, with special attention to the explosion of civil rights cases from the early 1940s to the present. This program highlights the Warren Court as it confronts the issues of race, gender and religion. "This is a watershed time in the court's history," says Joan Biskupic, journalist and author, in THE SUPREME COURT. "You have World War II. You have McCarthyism. You have the Cold War. You have the civil rights struggles. There's tension between national security, national identity, free speech, individual rights. And it falls into the lap of these nine justices to sort it all out."

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The Supreme Court: The Rehnquist Revolution

Run Time: 60 Min. GR 7-12
Subject: Language Arts

Channel One Network*

Description: The Rehnquist Revolution investigates how the court has developed in more recent times. With a particular view to the leadership of Chief Justice William Rehnquist, the series charts the rise in importance of the Court to become the institution most responsible for resolving the central questions of American life. The program also addresses the right to privacy, a key component in 1973's Roe v. Wade. "How in the world did such a conservative justice [Harry Blackmun] write this incredibly activist, liberal opinion in Roe?" asks Michael Klarman, James Monroe distinguished professor of law and professor of history, University of Virginia, in THE SUPREME COURT. "Well, if you go back and read the opinion it doesn't read as some sort of charter of feminist rights; it reads as a charter of doctors' rights."

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Channel One Network*

Shakespeare: The Animated Tales: Julius Caesar

Run Time: 25 Min. GR: 7-12
Subject: Language Arts

Description: Shakespeare's dramatization of the alliances and intrigues that surrounded and finally destroyed the great Roman General is rendered with style and subtlety by superb cel animation. This study of personal power versus the good of the state is still as provoking as ever.

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Channel One Network*

Shakespeare: The Animated Tales: Othello

Run Time: 25 Min. GR: 7-12
Subject: Language Arts

Description: The warmth of a Mediterranean setting contrasts with the coldness in Iago's heart, as he relentlessly turns his noble master, Othello, against the beautiful and innocent Desdemona. All the emotional intensity of Shakespeare's study of jealousy is conveyed vividly by striking cel animation.

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Channel One Network*

Shakespeare: The Animated Tales: Romeo & Juliet

Run Time: RT; 25 Min. GR: 17-12
Subject: Language Arts

Description: The world's best-known love story. Rich cel animation captures the tension and romance felt by two young citizens of Verona, oppressed by family rivalries, yet bound by an all-consuming love. The contrasts between raging passions and tender moments are sensitively portrayed

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Channel One Network*

Shakespeare: The Animated Tales: Hamlet

Run Time: RT; 26 Min. GR: 7-12
Subject: Language Arts

Description: All animation techniques are painstaking, but that of painting on glass is especially so. This unusual medium succeeds impressively in capturing the ghostly presence of Hamlet's father and the agonized indecision of Hamlet himself, in this classic depiction of corruption and revenge.

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Channel One Network*

Cells the Building Blocks

Run Time: 16 Min. GR: 7-12
Subject: Science

Description: This video takes a close-up look at the lowest common denominator of all life: the cell. It illustrates essential cellular processes—transportation of materials, communication, energy transfer, protein-building, waste disposal, movement, and the all-important mitosis and meiosis—as well as key cellular landmarks like the nucleus, ribosomes, mitochondria, the Golgi complex, the endoplasmic reticulum, and lysosomes. Special attention is given to recent advances in biotechnology.

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Channel One Network*

Energy and Resources

Run Time: 21 Min. GR: 7-12
Subject: Science

Description: As the Earth's fossil fuel reserves decline, what forms of energy will come next? After discussing the formation, uses, and consequences of burning coal, oil, and natural gas, this video explores the development of alternative resources that may someday completely replace them: nuclear power, solar energy, biomass, geothermal energy, hydroelectric power, and wind power. Benefits, costs, and environmental impacts are considered.

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Channel One Network®

Environmental Issues and Human Impact

Run Time: 22 Min. GR: 7-12
Subject: Science

Description: This video looks at urgent environmental concerns facing planet Earth and what people can do to repair the degradation humans have caused. Air and water pollution, the effects of pollution on health and the environment, deforestation and loss of wetlands, ozone depletion and global warming, and the negative impact of agriculture, construction, and recreation/tourism are discussed. The program ends with anti-pollution initiatives like recycling and greater energy efficiency. The key message? Individuals can make a difference!

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Channel One Network®

Heads Up: Where's Our Place in Space?

Run Time: 28 Min. GR: 6-12
Subject: Science

Description: Learn how tiny we really are compared to the rest of the galaxy. Did you know there are more stars in the galaxy than grains of sand on the beach? Build a model of our solar system that easily fits inside a baseball stadium.

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Channel One Network®

Heads Up: How Far Can We Go In Space?

Run Time: 28 Min. GR: 6-12
Subject: Science

Description: What kind of rockets will we need in order to travel further into space? Find out why half the people who fly get sick. Could you live in an enclosed chamber for months on end?

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Channel One Network®

Heads Up: Is There Life on Other Worlds

Run Time: 28 Min. GR: 6-12
Subject: Science

Description: Come explore strange places on Earth, where "extremeophiles" make their home. If life can exist in these places, can similar life be found on other worlds?

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Channel One Network®

Heads Up: How Do You Drive a Space Robot?

Run Time: 28 Min. GR: 6-12
Subject: Science

Description: Robots have seen more of space than we have. Learn how these robots are made to withstand the toughest elements of space and how they work without human help. It's not as easy as you might think to build one.

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Channel One Network®

Academic Success: Values and Goals

Run Time: 10 Min. GR: 9-12
Subject: Life Skills

Description: What are values? What are goals? And how are they connected? These questions are easy to ask, but they're not so simple to answer. This three-section program combines commentary from educators and students with in-class exercise segments to explore the meaning of values and goals and illustrate how they steer and shape a person's life—in college and beyond.

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Channel One Network*

Academic Success: Time Management

Run Time: 11 Min. GR: 9-12
Subject: Life Skills

Description: Compared to high school, where the day is structured down to the minute, college is a blank do-it-yourself calendar. Classes, clubs, sports, part-time jobs...assignments, projects, exams...even time to hang out: all must be penciled in! Over the course of this three-section program, viewers will learn to side-step common time-management errors and plan out their semesters so they can take control of their time and enjoy a healthy work/life balance.

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Channel One Network*

Academic Success: Critical Thinking and Problem Solving

Run Time: 10 Min. GR: 9-12
Subject: Life Skills

Description: By defining critical thinking and examining how it's applied to the process of problem-solving, this two-section program will show viewers how to handle whatever challenges come their way. An in-class discussion segment on critical thinking explains how to rationally assess a statement and express disagreement, while a similar segment on problem-solving considers what to do when preparing for what appears to be an overwhelmingly tough exam.

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Channel One Network*

Academic Success: Active Listening and Note Taking

Run Time: 10 Min. GR: 9-12
Subject: Life Skills

Description: Lectures and labs are the heart of the college academic experience, and for students eager to make the most of them, active listening and note-taking are powerful learning tools. This two-section program explains how to create a bulletproof listening/note-taking loop that ensures deeper understanding and better recall. Pre-class reading, in-class participation, and post-class review are stressed.

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Channel One Network*

Academic Success: Researching, Reading and Writing

Run Time: 12 Min. GR: 9-12

Subject: Life Skills

Description: Faced with a mountain of research to conduct, reading to do, and papers to write, students must work both efficiently and shrewdly. This three-section program tells how to identify and cite reliable online and offline sources of information, carve textbook chapters into manageable chunks, and outline and revise papers—all elements that are essential to getting the job done well.

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Channel One Network*

Academic Success: Studying and Test-Taking

Run Time: 10 Min. GR: 9-12
Subject: Life Skills

Description: Studying is a process, not a last-minute event. It takes strategy to consistently make the grade—both before a test and during. This two-section program brings together educators and students to discuss things that viewers can do to increase their understanding of course material, enhance their ability to memorize, and improve their performance during exams.

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Channel One Network*

Information Literacy: The Perils of Online Research

Run Time: 21 Min. GR: 9-12
Subject: Technology

Description: In a world of information overload, information literacy has become a survival skill. But what exactly does information literacy mean? With a focus on the Internet, this video explains how to conduct solid online research by collecting information in an organized, efficient, and ethical way. Professor Maurita Holland of the University of Michigan School of Information provides expert commentary and guidance on a range of research activities, including evaluating the credibility of Web content, documenting online sources, and paraphrasing—not copying—the words of others. Additionally, a high school teacher and a graduate student demonstrate real-world examples to reinforce the challenges and rewards of online research. The consequences of plagiarism and shaky facts are emphasized.

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